



## Patient Selection Criteria

### **Hard stops for anesthesia:**

Morbid obesity- BMI>35

Significant cardiac disease (ie: aortic stenosis, Low EF, METS<4, AICD)

Significant lung disease (currently sick, significant COPD, recent asthma flare)

Cold or respiratory illness within past 2 weeks- must be afebrile without residual cough/secretions

Downs Syndrome and other complex genetic disorders

OSA requiring CPAP

Difficult airway

MI or stroke within past 6 mos

Family or personal history of malignant hyperthermia

Acute/chronic substance abuse, severe psychiatric disorders

AICD/Pacemaker

Heme disorders (von willebrands, sickle cell, bleeding/clotting issues)

Musculoskeletal disorders (ie: myasthenia gravis, muscular dystrophies)

### **Special considerations:**

The most appropriate patients for an office based setting are ASA 1 & ASA 2 patients. ASA 3 can be considered- need PCP visit/medical clearance, ie: over 55yo with comorbidities needs EKG.

BMI 30-35 with comorbidities needs chart review/airway exam, STOPBANG score for OSA etc.

GLP1 drugs for DM or weight loss- hold at least 1 week before procedure.

Blood thinners

BP- day of hold diuretics (ie: HCTZ), ARB's (ie: losartan, valsartan), & ACE inhibitors (ie: Lisinopril, enalapril). All other BP meds please take.

Buprenorphine/suboxone/vivitrol- formulate a plan

Hold oral DM meds the morning of procedure