



## Pre-Operative Anesthesia Instructions

- No food or drink after midnight the night prior to surgery. No gum, candy, mints, tobacco products, etc. absolutely nothing by mouth except for medications.
- If you regularly take medication in the mornings, follow the instructions given to you at your consultation appointment by your doctor. Generally, important medicines can be taken at the normal time with a small sip of water. Patients taking blood thinners, medication for diabetes/weight loss, & certain blood pressure medicines require special consideration—this should be discussed with your doctor. Contact our office if you have further questions.
- Please have your medication list and past medical history readily available to discuss with your anesthesia provider on the day of your procedure.
- On arrival for surgery, you must be accompanied by a responsible adult who will assure that you get home safely. They need to remain in the office during the entire time of your surgery. You should not drive, operate machinery, or make important decisions for the remainder of the day.
- Please wear loose-fitting clothing with short sleeves or sleeves that can easily be rolled above both elbows.
- Jewelry, contact lenses, and dentures must be removed before surgery.
- Please not wear excessive makeup, or dark/metallic nail polish.
- Please visit the restroom immediately before your appointment time.
- Patients with asthma should bring their inhalers with them on the day of surgery.
- If you have a head or chest cold, sore throat, or other illness, please call the office as an appointment change may be necessary.
- Please do not smoke/vape or consume alcohol & refrain from any drug use including marijuana for 24 hours prior to surgery.